

## Doula Pride

“Doula Pride and Equity - Improving Socially Supported Serious Illness Care for the LGBTQ+ Older People Community: A Study Leveraging Social Capital “

### Recruitment Talking Points



**Program Purpose** – Feasibility Study – We are researching is this possible?

- To advance compassionate local community-based serious illness care through an innovative nurse-led supportive approach.
- Addresses a key aspect of nursing, holistic social support, and aims to decrease social isolation by offering a culturally concordant LGBTQ+ form of serious illness doula informed caregiving.
- Create and evaluate a community engaged doula informed care program connecting LGBTQ+ adults with LGBTQ+ persons with serious illness.

### Key Definitions.

- **Serious Illness** - Serious illness is a health condition that carries a high risk of mortality and either negatively impacts a person’s daily functioning and/or quality of life or excessively strains caregivers.
- **LGBTQ+ Contexts** – diversity, autonomy, social networks, laws, discrimination, geography, proximity to available support.
- **Doula Informed Care** – Non-Medical – Socially Supported Care based on the philosophy of compassionate care and the role of doulas.

**What a participant will be asked to do:**

You will be asked to participate in the practice period phase of this study if you agree to take part.

- We ask you to answer survey question at two time points, before and at the end, about the doula informed caregiving you received. These surveys will take approximately 20 minutes each to complete.
- You will be matched with a person in the community, Rainbow Elders, or through your/our network who has been trained in our Doula Pride and Equity training program.
- In this part of the study, we aim to understand how this program works for you, changes in social support, the ideal period of timing and visit frequency, and what types of support and communication work best.
- We acknowledge your time in the study will vary based on your preferences and that this may take place over 6 months but also may be much shorter. You may stop the project at any time. The total time commitment is estimated to be 3-5 visits of up to 30 minutes each for a total time commitment of up to 3 hours based on your individual schedule and preferences. The pre-post and final interview combined will be no longer than 90 minutes. In total, 4 -6 hours.
- You will receive \$100 and an iPad that you can keep for your participation and potentially benefit from social support in this relationship.